

XL SUMMER CAMP LUNCH MENU

Breakfast

Offered: 7:30 – 9:00 am

Cereal/Milk \$2.00

Granola Bar \$1.00

Yogurt \$1.50

Muffin \$2.00

Juice Box \$1.50

Fruit \$1.75

Available Everyday

Peanut Butter & Jelly

Hot Dog

Sandwich: Turkey, Ham, Cheese

Alternate weeks

(includes sides and Pasta & Salad Bar)

Pasta & Salad Bar

(Varies daily)

Fruit & Yogurt

(Options Vary Daily)

Drinks:

Water or Lemonade

Field/Swim Trips:

Field/swim trip

bagged lunches may be purchased

\$4.00

Includes a sandwich, pretzels/chips, cookie & juice box

Weeks	Monday	Tuesday	Wednesday	Thursday	Friday
6/17 - 6/19 7/13 - 7/17 8/10 - 8/14	Meatball Sandwich & Carrots	Cheese Omelet French Toast Beef Sausage	Grilled Cheese Tomato Soup Chips	Chicken Cheese Steak & French Fries	Pizza & Chips
6/22 - 6/26 7/20 - 7/24 8/17 - 8/21	Baked Ziti Meatballs Toasted Bread	Chicken Nuggets Mac & Cheese Broccoli	Chicken Soft Shell Tacos Spanish Rice	Hamburger & French Fries	Pizza Sticks & chips
6/29 - 7/3 7/27 - 7/31 8/24 - 8/28	Meatball Sandwich & Carrots	Cheese Omelet French Toast Beef Sausage	Grilled Cheese Tomato Soup Chips	Chicken Cheese Steak & French Fries	Pizza & Chips
7/6- 7/10 8/3 - 8/7 8/31-9/4 Potluck Lunch	Baked Ziti Meatballs Toasted Bread	Chicken Nuggets Mac & Cheese Broccoli	Chicken Soft Shell Tacos Spanish Rice	Hamburger & French Fries	Pizza Sticks & chips

Snack Options:

Monday	Tuesday	Wednesday	Thursday	Friday
Granola bar	Cookies	Goldfish	Water Ice	Ice Cream
HEALTHY OPTIONS: Yogurt or Sliced Apples or Carrots (vary by week)				